










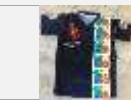






Note	Supplier	For What do I Need it ?	Image	Equipment
Not Pink/Red/Orange buy Transparent	Any Sports Store	Boxing & Kickboxing		Gum Protector
Must be stretchable	Any Sports Store	Boxing & Kickboxing		Hand Wraps
Compulsory for males	Any Sports Store	Boxing & Kickboxing		Groin Protector
Compulsory for females	www.shensports.co.za	Boxing & Kickboxing		Breast Protector
With Ball Bearings	Any Sports Store	Boxing & Kickboxing		Skipping Rope
2 for competitions	Any Supermarket	Boxing & Kickboxing		Towel
No Red Bull type drinks	Any Supermarket	Boxing & Kickboxing		Water Bottle
Must be closed and padded on top	www.shensports.co.za	Boxing & Kickboxing		Headguard
Valcrow strips. 10oz for kickboxing	Title- www.boxing.co.za	Boxing & Kickboxing		Gloves
	www.shensports.co.za	Kickboxing		Shin Pads
	www.shensports.co.za	Kickboxing		Kickers
You can buy your own with your name at the back	Order from Club	Boxing & Kickboxing		T shirt
Black and Orange Shen Sports	www.shensports.co.za	Kickboxing		Long Pants
Big enough for kit to fit in	Any Sports Store	Kickboxing		Bag
Blue and Red reversable	Title- www.boxing.co.za	Boxing		Boxing Shorts
Blue and Red reversable	Title- www.boxing.co.za	Boxing		Boxing Vest